



LUNCH MENU

ALL OF OUR DISHES ARE MADE FROM THE FRESHEST INGREDIENTS ONLY. WHEREVER POSSIBLE WE SOURCE LOCAL FARMS. ALL OF OUR DRESSINGS ARE MADE IN HOUSE. ALL OF OUR DESSERTS ARE MADE IN HOUSE. IF THERE IS SOMETHING YOU DON'T SEE ON OUR MENU AND WOULD LIKE, WE WILL BE MORE THAN HAPPY TO TRY AND ACCOMMODATE YOU.

SANDWICHES bread selections are Chef's recommendations only

Choice of bread : white , wheat , rye , ciabatta , English muffin.

ALL SANDWICHES SERVED WITH CHOICE OF FRESH HOME MADE FRIES , SALAD OR ASIAN COLESLAW.

ROASTED VEGETABLE AND MOZZARELLA* on Ciabatta bread	7.75
PASTRAMI REUBEN on rye	7.50
CRABCAKE SANDWICH on an English muffin w/ asian coleslaw	9.25
TARRAGON CHICKEN SALAD on house white	6.95
BLACKENED CHICKEN CREOLE CLUB on house white	7.50
X BURGER on a sesame seed bun	7.50
TUNA SALAD on white	6.95
EGGPLANT SANDWICH w/ boursin cheese & marinara	7.95
SHRIMP SALAD SANDWICH on white	8.50

WRAPS

BLACKENED NORWEGIAN SALMON CAESAR	7.95
CHICKEN CAESAR	6.50
BLACKENED CHICKEN CAESAR	6.95
CLUB	7.50
SHRIMP CAESAR	7.75
ASIAN CHICKEN COLESLAW CAESAR	7.95
GOAT CHEESE SALAD	7.95

*denotes may contain nut allergens

SALADS

ASIAN CHICKEN SALAD*	8.50
BLACKENED SALMON CAESAR	8.50
GRILLED CHICKEN CAESAR	7.50
BLACKENED CHICKEN CAESAR	7.75
SATAY NOODLE SALAD w/chicken*	7.95
w/shrimp*	8.50
CHICKEN COBB SALAD	7.50
BRAZILIAN SHRIMP SALAD*	8.50
WARM GOAT CHEESE SALAD w/ candied pecans	7.95
GRILLED ROMAINE w/house made bleu cheese dressing	7.95

CHICKEN QUESADILLA	6.95
SHEPHERDS PIE	8.50
GRILLED ROSEMARY & GARLIC CHICKEN	8.50
PANKO PARMESAN NC FLOUNDER	8.95

VEGETARIAN

COUS COUS SALAD w/harrissa dressing	7.95
ROASTED VEGETABLE PESTO PASTA*	8.95

KIDS KORNER

CHEESE DILLA	MAC AND CHEESE	4.95
KIDS BURGER	CHICKEN FINGERS	
PASTA MARINARA	GRILLED CHEESE.	

HOMEMADE DESSERTS

BELGIAN CHOCOLATE MOUSSE	3.95
KEY LIME PIE*	4.50
BANOFFEE PIE	4.50
BAKEWELL TART ala mode*	4.95
STICKY TOFFEE PUDDING ala mode	4.95
CHOCOLATE PECAN PIE* ala mode	4.95
FRENCH VANILLA ICE CREAM STUFFED APPLE PANCAKES	4.95

* denotes may contain nut allergens